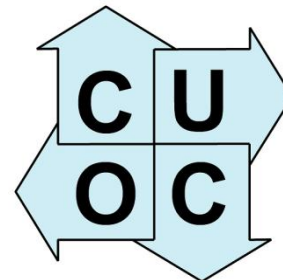




Cambridge University Orienteering Club
proudly present



BUCS 2012

17-18 March 2012

PROVISIONAL DETAILS FEBRUARY 2012 (revision 8) Note accommodation.
These details will be updated as organisation progresses, keep checking www.cuoc.org.uk

Location

Lake District, based at Ulverston with Individual championships on Loughrigg near Ambleside and Relays on Bigland near Newby Bridge. See event specific information below for travel details.

Entries

BUCS are once again operating an online entry system via Fixtures Live, which only your Athletic Union/Sports Office has access to. This is an automated system which will require athlete's names to be selected from an existing database organised by your Athletic Union/Sports Office. The online forms will be live from when the entry information is posted in the BUCS Essentials and will close automatically on the date provided below. The online forms will need to be completed in full – incomplete forms cannot be submitted. No late entries can be accepted via this system. Please note the runners in the relay entry are not confirmed until the day of the event.

Online Entry will automatically close at midnight on **THURSDAY 23 FEBRUARY 2012**. **LATE ENTRIES MAY BE ACCEPTED SUBJECT TO ADDITIONAL ADMINISTRATION FEES**

Entry Fees

| | Student | Guest | Late Entry Surcharge |
|------------------|---------|--------|----------------------|
| Individual | £9.25 | £13.25 | £5.00 |
| Relay (per team) | £20.00 | £25.00 | £10.00 |

Guest entries should e-mail ed.curran@bucs.org.uk for a paper entry form
Guest entries need to pay before the competition or they will not be allowed to compete.

Payment is by post only: please make cheques payable to BUCS and send to the BUCS Office:

BUCS Orienteering
20-24 Kings Bench Street
London
SE1 0QX.

Transport

Detailed travel instructions will be provided in the final details.
Clubs are expected to provide their own transport to the events however shuttles from the nearest train station may be available on request, please give details on the accommodation form (see below).

Individual Competition – Saturday 17th March – Loughrigg

Terrain Runnable open fell with plenty of contour detail, some rock features and a fairly sparse path network.
Parking Likely to be in Ambleside.

Timetable 1030-1100 Guest starts
 1100-1330 BUCS starts
 1530 Courses close

Courses

| Course | Classes | Equivalent Difficulty |
|--------|----------------|-----------------------|
| 1 | Men A | M20L |
| 2 | Men B, Women A | W20L |
| 3 | Women B, Men C | Light Green |

Punching SPORTident electronic punching will be used. Hire cards will be pre-allocated and should be collected from enquiries. Most SI boxes will be mounted on numbered boards on the floor below the control kite.

Relay Competition – Sunday 18th March – Bigland

Declaration Relay team members names must be declared before you leave the individual event on Saturday.

Terrain A combination of steep rocky Lake District forest and open land, again with intricate contours.

Parking Likely to be at SD361830.

Punching SPORTident electronic punching will be used. Hire cards will be pre-allocated and should be collected from enquiries. SI boxes will be mounted on numbered boards on the floor below the control kite, except for the first few controls and the spectator control.

Courses Note Ad hoc does not count towards the overall BUCS score.

| Course | Provisional Length |
|--------|--------------------------------------|
| Men | 3x 5.3km 175m |
| Women | 3x 4.1km 140m |
| Ad-hoc | 4.0km 135m / 3.1km 105m / 4.0km 135m |

Final Details

These will be published on the CUOC website www.cuoc.org.uk prior to the event, along with start times.

A document outlining all accepted and reserve entries will be published in the BUCS Essentials and on the Orienteering Pages of the BUCS website (www.bucs.org.uk/orienteering).

BUCS Regulations

BUCS Championships will be run in accordance with the regulations below. Individual and Team Championships will be held annually under the rules of the British Orienteering Federation.

ORI 1 Events

The Championships consist of Individual and Relay Championships for both Men and Women. There is also an overall Team Championship.

ORI 1.1 Each relay team shall consist of three competitors.

ORI 1.2 The overall team score shall be calculated for each University by the following system:

ORI 1.2.1 Adding the placings of the three best Men's and Women's individual competitors to the placings (multiplied by three) of its placed Men's and Women's relay teams.

ORI 1.2.2 For scoring purposes, the overall placing of a competitor on the B course is their placing plus the number of finishers on the A course, and the overall placing of a competitor on the C course is their placing plus the total number of finishers on the A and B courses.

ORI 1.2.3 Every missing runner is treated as though they finished one place behind the last finisher on the lowest course.

ORI 1.2.4 If a University has no place in a relay competition, it is deemed to have finished one place behind the last placed team.

ORI 1.3 The University with the lowest aggregate score is awarded the Overall Team Championship.

Eligibility: The Championships are open to current students who satisfy the BUCS eligibility requirements (Section 7 of the BUCS Handbook) as member institutions. Please contact your Athletic Union / Sports office for a copy of the Handbook.

Social

The cost will be £35 including accommodation, food, and social. Please [download the form here](#) and return by email to bucs@cuoc.org.uk by **SUNDAY 26TH FEBRUARY**. Late forms may be accepted but cannot be guaranteed. A £5 reduction can be made for those not wishing to stay overnight.

Payment by post: Send a cheque payable to Cambridge University Orienteering Club to
Ben Windsor
Jesus College
Cambridge
CB5 8BL

Payment by internet: Transfer money to Sort code 40-16-08 Account no. 42154811 with a suitable payment reference, and email bucs@cuoc.org.uk with the payment reference and amount paid

ACCOMMODATION: **Note significant changes:** This will be on the floor in Victory Hall, Broughton. See <http://www.victoryhallbroughton.co.uk/>. You will need to bring sleeping bags/mats. It is a 10 mile drive from Ulverston. Competitors may travel back at their leisure from the social and will be given a code which will allow them into the Victory Hall. This is a residential area and we are privileged to be allowed the use of this hall, so please do not give orienteers a bad reputation by creating noise for the local residents.

FOOD: A two course buffet evening meal will be provided in Coronation Hall, Ulverston before the social.
A basic breakfast of cereal, milk, and toast will be provided at Victory Hall.
There will be no caterers at the events, please make your own lunch arrangements.

SOCIAL: The social will be in Coronation Hall and will include a two course buffet meal, a Ceilidh, the individual prizegiving, and of course, the boat race. A bar will be available. The social will end at 0030.

BUCS Orienteering Championships 2013

Would you like to organise the 2013 Championships? At the moment, we are still looking for an institution to organise next year's Championships. To volunteer, or to discuss the idea, please contact David Rosen BUCS Sports Advisory Group Chair for Orienteering dandmrosen@btopenworld.com

Officials

Co-ordinator: **Ben Windsor** (CUOC) bucs@cuoc.org.uk phone 07975 845569

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|--------------------|-------------|--------------------------------------|
| Individual: | Organiser: | Lucy Fryer (CUOC) & Dave Neild (LOC) |
| | Planner: | Dick Towler (LOC) |
| | Controller: | Roger Smith (LOC) |
| Relay: | Organiser: | Matthew Vokes (CUOC) |
| | Planner: | Quentin Harding (SROC) |
| | Controller: | Andy Lewsley (BL) |

BUCS Contact: Ed Curran, BUCS Sports Programme Manager: ed.curran@bucs.org.uk